

Congratulations. You just discovered a growing movement.

Volunteer Position: Swirl Girl

Description: A Swirl Girl is an elite woman advocate who believes in the power of education and support during unplanned pregnancy.

Requirements: Any woman can be a Swirl Girl. Your age doesn't matter. Your politics don't matter. You just need to believe the following statements.

A Swirl Girl Believes that *all* Women Deserve:

1. Moral and sexual integrity
2. The right to easily accessible, free pregnancy confirmation
3. Accurate, medically researched information on pregnancy options
4. Pregnancy decisions based on education and support not fear and manipulation
5. Respect, regardless of their pregnancy decision

Duties: A Swirl Girl will assist women by advocating, recommending and promoting ComfortCare Women's Health in the community. Creativity is encouraged, and tasks are varied and may include:

- organizing a ComfortCare speaker for your club, team or group
- hanging flyers around your school
- hosting a ComfortCare workshop for friends at your house
- talking to the school nurse about referrals
- producing a video on what it means to be a swirl girl
- blogging about the Swirl Girl experience
- using a facebook status to promote ComfortCare services

Swirl Girls must receive approval before plan implementation. Reporting on the status of plans and hours contributed is required.

Time Required: Varied, depending on level of involvement. Swirl Girls must log at least one hour per month.

Perks: All Swirl Girls receive a "Swirl Girls" t-shirt, access to a private facebook group, and cutting edge information on women's reproductive issues

Swirl Girl is sponsored by ComfortCare Women's Health. ComfortCare Women's Health is Augusta County's leading resource for unplanned pregnancy, the area's only health center that specializes in the complex physical, emotional, and spiritual aspects of this situation. ComfortCare empowers women to make healthy life choices through medical services, compassion and education. This non-profit, medical clinic provides services free of charge to all patients regardless of income, race or religion. For complete details see ifitspositive.com.